

# TURTLE CAMP



AQUATECH DIVE CENTER AND HOTEL  
VILLAS DEROSA RESORT  
AKUMAL



## Health History and Contact Information

Please email completed form to:

[cenotes@prodigy.net.mx](mailto:cenotes@prodigy.net.mx)

Name \_\_\_\_\_  
Birth date \_\_\_\_\_ Age at camp \_\_\_\_\_  
Home address \_\_\_\_\_  
\_\_\_\_\_

Social security number of participant \_\_\_\_\_  
Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female

Parent/Legal guardian \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Home address \_\_\_\_\_  
\_\_\_\_\_

Second parent/ legal guardian \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Home address \_\_\_\_\_  
\_\_\_\_\_

In case of an emergency please notify:  
Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

**Insurance Information**

Is the participant covered by family medical/hospital insurance? \_\_\_ Yes \_\_\_ No  
If so, indicate company/ carrier name

\_\_\_\_\_ Group# \_\_\_\_\_

**Photocopy of front and back of health insurance card must be attached to this form.**

**ALLERGIES** List all known. Describe reaction and management of the reaction.

Medication allergies \_\_\_\_\_

Food allergies \_\_\_\_\_

Other allergies \_\_\_\_\_

**MEDICATIONS BEING TAKEN**

\_\_\_\_\_ This person takes NO medications on a routine basis.

Please list ALL medications taken routinely. Keep it in the original packaging / bottle that indicate the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times  
taken each day \_\_\_\_\_  
Reason for taking \_\_\_\_\_

\_\_\_\_\_  
Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times  
taken each day \_\_\_\_\_  
Reason for taking \_\_\_\_\_

\_\_\_\_\_  
Med #3 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times  
taken each day \_\_\_\_\_  
Reason for taking \_\_\_\_\_

\_\_\_\_\_  
Attach additional pages for more medications.

Identify any medications taken during the school year that participant does/may not take during the summer:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Description of any limitation or restriction on camp activities  
Additional information for health care staff at the camp

**Dietary**

- Does not eat red meat  Does not eat pork  Does not eat eggs
  - Does not eat poultry  Does not eat seafood  Does not eat dairy products
  - Other (describe)
- 

**Recommendations and Restrictions at Camp**

Treatment to be continued at camp

**RESTRICTIONS**

The following restrictions apply to this individual. Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are

**Health History**

The following information must be filled in by the parent/ legal guardian. The intent of this information is to provide camp personnel the adequate information to provide appropriate care. Please keep a copy of the completed form for your records. Any changes to this form should be provided to camp personnel.

**Please check all that apply**

Which of the following has the participant had?

- Measles
- Chicken pox
- German measles
- Mumps
- TB/ Mantoux test
- Date of last test \_\_\_\_\_
- Result:  Positive  Negative
- Other \_\_\_\_\_

**Use this space to provide any additional information about the participant's behavior (physical, emotional, or mental health) which the camp should be aware.**

\_\_\_\_\_

Name of family physician \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Past Medical History**

Has or does the participant experience the following (PLEASE CIRCLE ONE):

- Recent injury, illness or infectious disease YES/NO
- Chronic or recurring illness/condition YES/NO
- Frequent headaches YES/NO

Head injury	YES/NO
Passed out/dizzy during or after exercise	YES/NO
Chest pain during or after exercise	YES/NO
High blood pressure	YES/NO
Seizures	YES/NO
Diagnosed with a heart murmur	YES/NO
Back problems	YES/NO
Skin problems (e.g., itching, rash, etc.)	YES/NO
Diabetes	YES/NO
Asthma	YES/NO
Problems with diarrhea/constipation	YES/NO
Problems with sleepwalking	YES/NO
Emotional difficulties for which professional help was sought	YES/NO

**Health Care Recommendations by Licensed Medical Personnel**

I examined this individual on \_\_\_\_\_. (ACA accreditation requirements specify exams within 24 months of camp attendance. Individual camps may require annual exams. A new exam is not necessarily required for camp attendance.) BP \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_  
 In my opinion, the above applicant \_ is \_ is not able to participate in an active camp program.  
 The applicant is under the care of a physician for the following conditions

**Signature of Licensed Medical Personnel**

Printed \_\_\_\_\_ Title \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_ Date \_\_\_\_\_

**Screening Record**

Date screened \_\_\_\_\_ Time \_\_\_\_\_  
 Meds received \_\_\_\_\_  
 Updates/additions to health history noted \_ Yes \_ No \_ None required  
 Current health needs identified \_\_\_\_\_  
 Observational notes \_\_\_\_\_  
 Screened by \_\_\_\_\_

**For Office Use**

I also understand and agree to abide by any restrictions placed on my participation in camp activities.  
 Signature of minor or adult camper/staffer \_\_\_\_\_ Date \_\_\_\_\_  
**Parent/Guardian Authorizations:** This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the camp to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature of parent/guardian or adult camper/staffer \_\_\_\_\_  
 Printed Name \_\_\_\_\_ Date \_\_\_\_\_

The information on this form is not part of the camper or staff acceptance process, but is gathered to assist us in identifying appropriate care. Health history (first three pages) must be filled out by parents/guardians of minors or by adults themselves. Update required annually. Health exam (back page) must be completed by approved licensed medical personnel at least every two years.